



Glutathione – Nature's Natural Detoxifier and Biomedical Treatment For Autism and Related Disorders – part 1

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There is a biomedical therapy, called glutathione, that is shaping our way to prevent and treat a variety of disease conditions such as Alzheimer's, Parkinson's Disease, and other chronic degenerative conditions. It is even very helpful for individuals with an autism-spectrum disorder. Glutathione is a major player in our bodies' defense against toxicity.

Toxins are one of the major challenges we all face living in modern society. We are constantly exposed to smog and other pollutants in the air (It has been shown that individuals with autism, as well other neurological conditions have difficulty eradicating toxins from their bodies). In fact, California – particularly S. California is a large depository for aerosolized mercury coming from China. China produces a large amount of mercury emission through their coal burning industry that travels the Gulf Stream and accumulates along the western half of the United States. Mercury, of course, is a highly toxic metal with implications for neurological damage including exacerbating conditions such as heart disease, cancer, Alzheimer's Disease, Parkinson's and even childhood disorders such as autism and attention-deficit disorder.

We are also exposed to various toxins in our food and water supply. Everything, from other metal toxins such as arsenic (from pesticide and herbicide run-off into ground water), lead and aluminum exposure, and chemical toxins such as PCB's, Bisphenol-A, and various plastics, teflons and more. These heavy metal and chemical toxins put a tremendous strain on our bodies' detoxification system overtime, and contributes to chronic ill-health and disease. Add to this a diet laden with artificial ingredients, refined sugars, and trans-fats and you can see how overtime people's health becomes comprised, and disease becomes so prevalent.

Our bodies can only handle so much toxic exposure before things breakdown. Genetic and hereditary factors play a role – as is the case in autism and related disorders, but for many people it is the accumulation of toxins overtime that create the ill-health state.

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